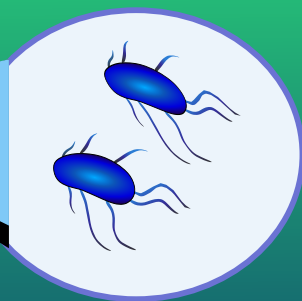
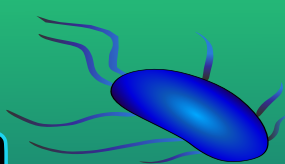


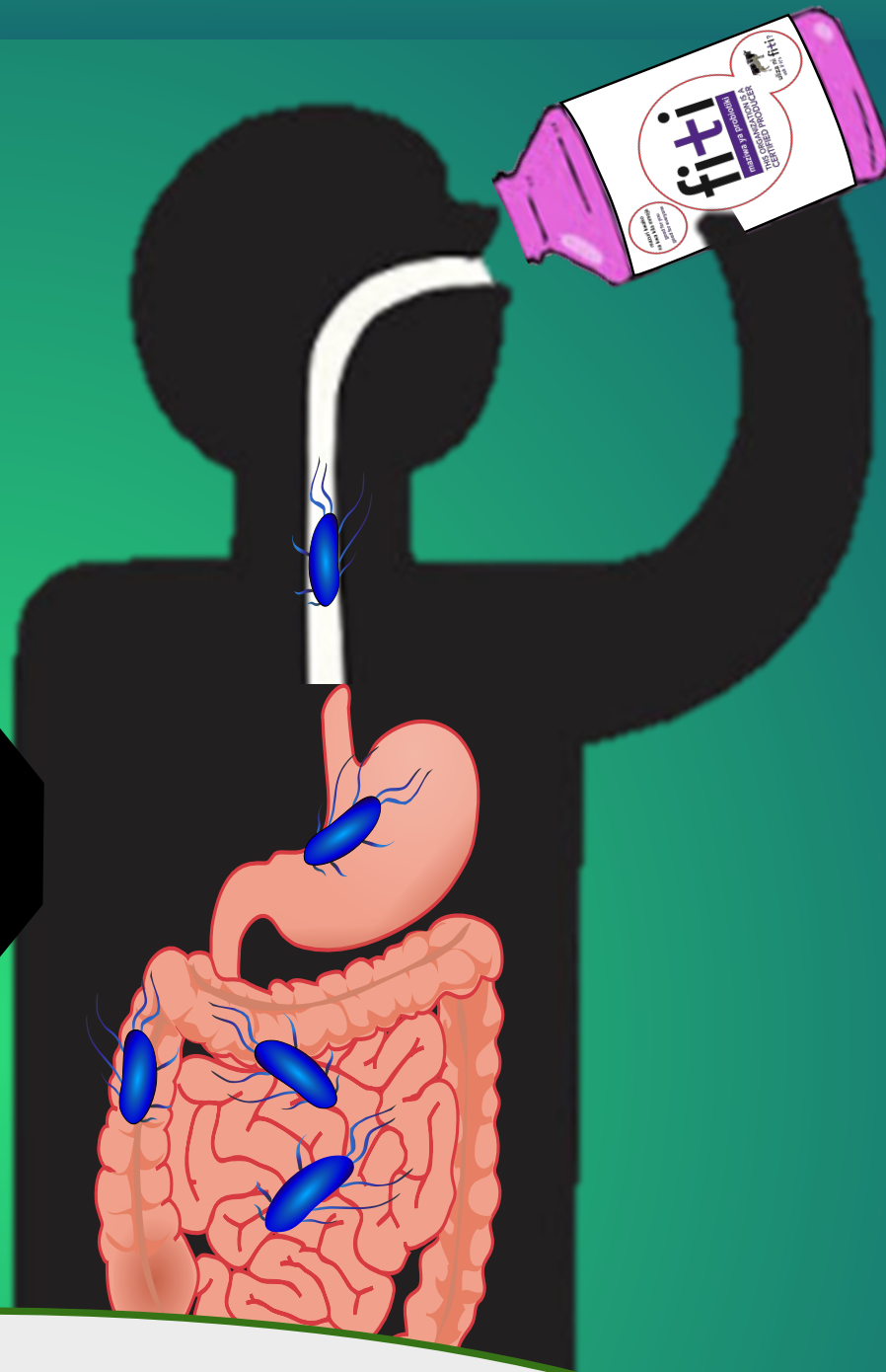
Fiti ni nini?



Bakteria wazuri = Probitoic



Bakteria wabaya = Ugonjwa



Probiotiki ni vimelea hai ambavyo vikitumiwa kwa wingi unaostahili vinaboresha afya.

Mwili wako una bakteria wengi zaidi ya seli zilizopo kwenye damu. Probiotiki inaongeza bakteria wazuri wanaopambana na bakteria wabaya kuzuia magonjwa na maambukizi.



Mikono Yetu



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